



How to Find Us

From Swansea, Bridgend and M4 West:

At **M4 Junction 33**, exit toward Cardiff W/Barry/Penarth/A4232 and at the roundabout, take the 3rd exit onto **A4232** heading to Cardiff W/A4232/Barry/Penarth.

Take the **B4267** exit and at the roundabout take the 1st exit onto Leckwith Road/B4267.

Pass the Cardiff City Stadium on your right and carry on straight ahead at the traffic lights past the Ninian Park pub on your right. At the next traffic lights turn right into **Wellington Street** (A4161).

Carry on straight ahead at the next traffic lights onto **Cowbridge Road East**. At the next traffic lights turn left on to **Cathedral Road**.

Temple Court is on your left, just past the petrol station and bus stop. Parking access is through the barrier to the left of the building (use the intercom to buzz Reception for access).

From Valleys, A470 and M4 Junction 32 (Coryton):

Follow **A470** towards City Centre. At Gabalfa Interchange, keep left at the fork onto the roundabout below the flyover and take the 4th exit onto **Western Avenue/A48** heading to Cardiff (W). Follow the ramp on the right down onto A48.

Pass the Tesco Extra superstore on your left and UWIC on your right. Fork left at Mill Lane/**A4119** (for City Centre) and take the left lane and left turn onto **Cardiff Road** (A4119).

Keep left and turn left at the traffic lights junction onto **Pen-Hill Road** (A4119) which becomes **Cathedral Road**. Carry on along Cathedral Road past the Cayo Arms pub on your left and through the traffic lights signposted for Welsh Institute of Sport/Spohia Gardens.

Just past these traffic lights, Temple Court is on your right. Parking access is through the barrier to the left of the building (use the intercom to buzz Reception for access).

From Newport, Midlands, Severn Bridge and M4 East:

At **M4 Junction 29**, exit onto **A48(M)** towards Cardiff (E & S). Continue onto A48.

Pass the University Hospital of Wales on your right and carry on ahead under Gabalfa flyover on the A48.

Pass the Tesco Extra superstore on your left and UWIC on your right. Fork left at Mill Lane/**A4119** (for City Centre) and take the left lane and left turn onto **Cardiff Road** (A4119).

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